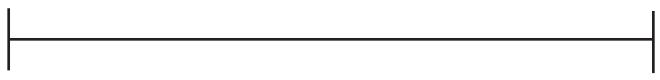


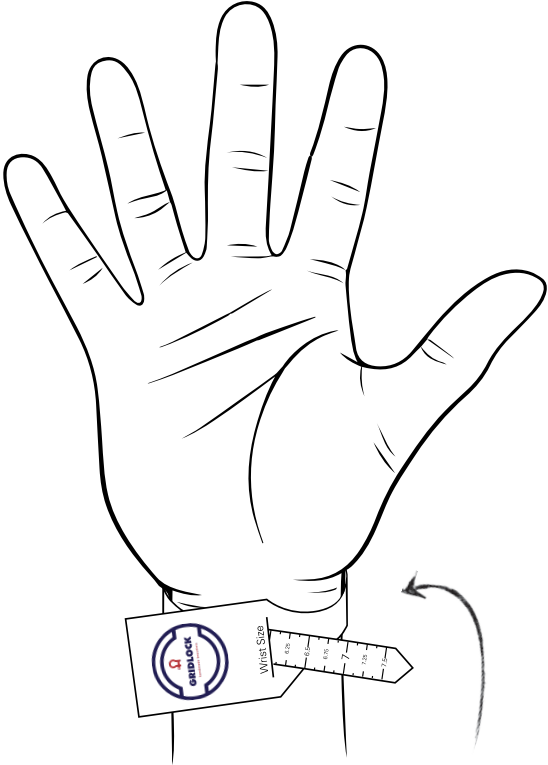


# HOW TO MEASURE YOUR WRIST



## MEASURING ACCURATELY

To make sure the sizer is printed accurately, make sure your credit card has the exact same length as the line above.



## MEASURING YOUR WRIST

After having cut out the sizer, slide the arrow-shaped end of the sizer through the “wrist size” slit. Make sure you measure it skin tight and note the measurements closest to the slit.